



#### THE SEARCH FOR



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THE DOUGH KNOT

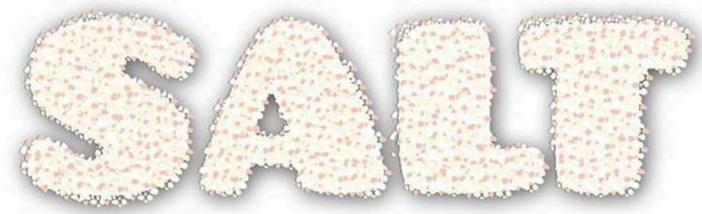
by Shalini Vallepur

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#### THE SEARCH FOR



By Shalini Vallepur



Minneapolis, Minnesota

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## HOP IN THE DOUGH KNOT

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Welcome to my food truck, the Dough Knot! My name is Nick, and I make the tastiest **pretzels** in town. Which one would you like?

> \* MENU \* Salty pretzel Cheesy pretzel Pizza pretzel

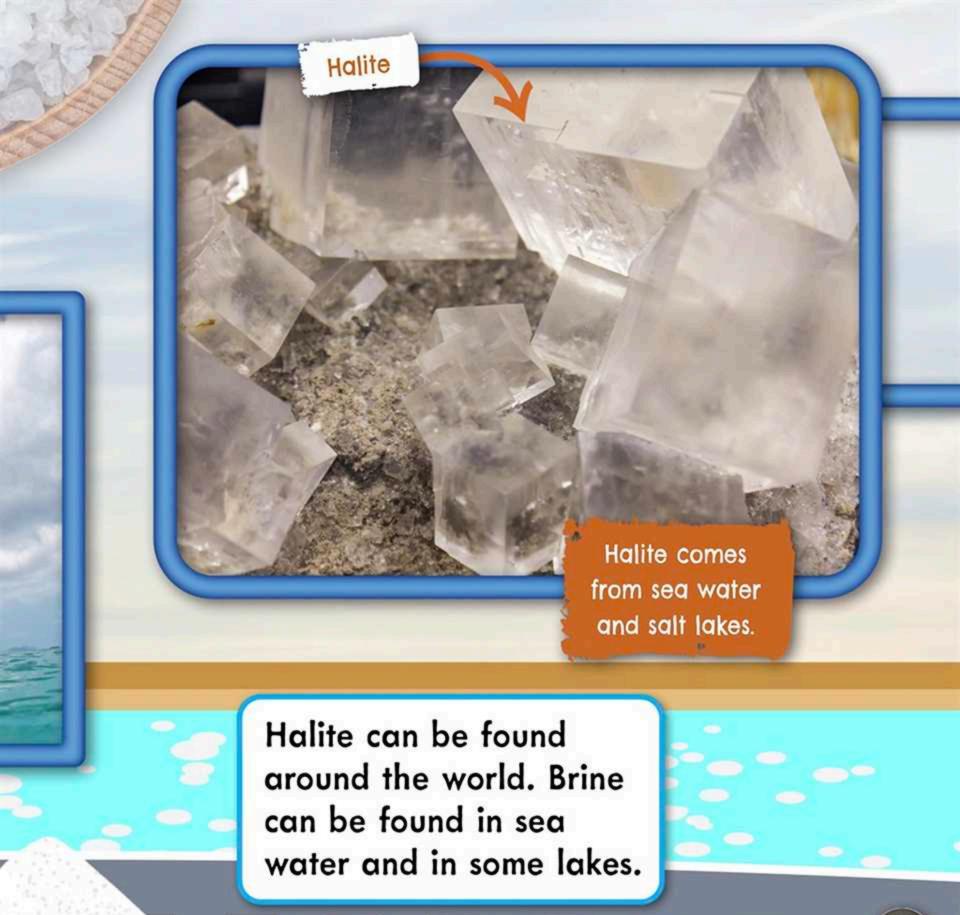
Oh, no! I've run out of salt! I use salt to make my pretzels! I need to get more salt. Hop in the Dough Knot and come with me!

#### THE DOUGH KNOT

### THE SEARCH FOR SALT

We get salt from brine and rocks called halite. Brine is water that has salt in it.

THE DOUGH KNOT



## WHERE IN THE WORLD?

Halite is usually found underground in hot places. Big **mines** are built to bring up the salt.

The three biggest salt-making countries are China, the United States, and India.

Salt mine

The Dead Sea has a lot of salt in it.

To get salt from brine, the salt needs to be taken out of the water through **evaporation**.

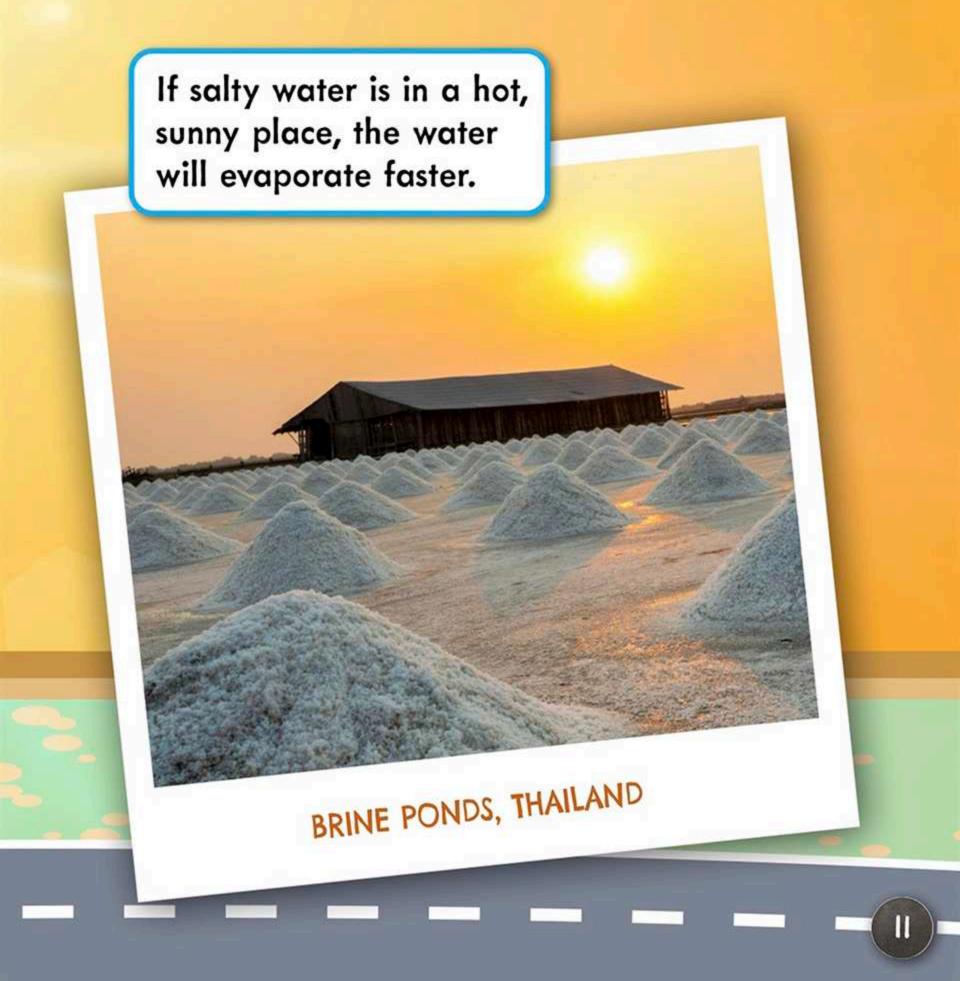
Dead Sea, Jordan

#### PERFECT WEATHER

THE DOUGH KNOT

Evaporation is when heat from the sun turns water into a **gas**. When salt water evaporates, the water becomes a **vapor**, and salt is left behind.

Brine



## THE BRINE PONDS

We made it to the brine ponds! To make salt, sea water is brought to these man-made ponds. The Sun's warmth evaporates some of the water. Sand and dirt sink to the bottom of the pond.

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THE DOUGH KNOT

Dirt is removed from the ponds to keep the water and salt clean.

### **SCOOPING SALT**

In Thailand, it takes about four months for the water to evaporate. Salt crystals are left behind.

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THE DOUGH KNOT

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Workers gather the salt into piles.

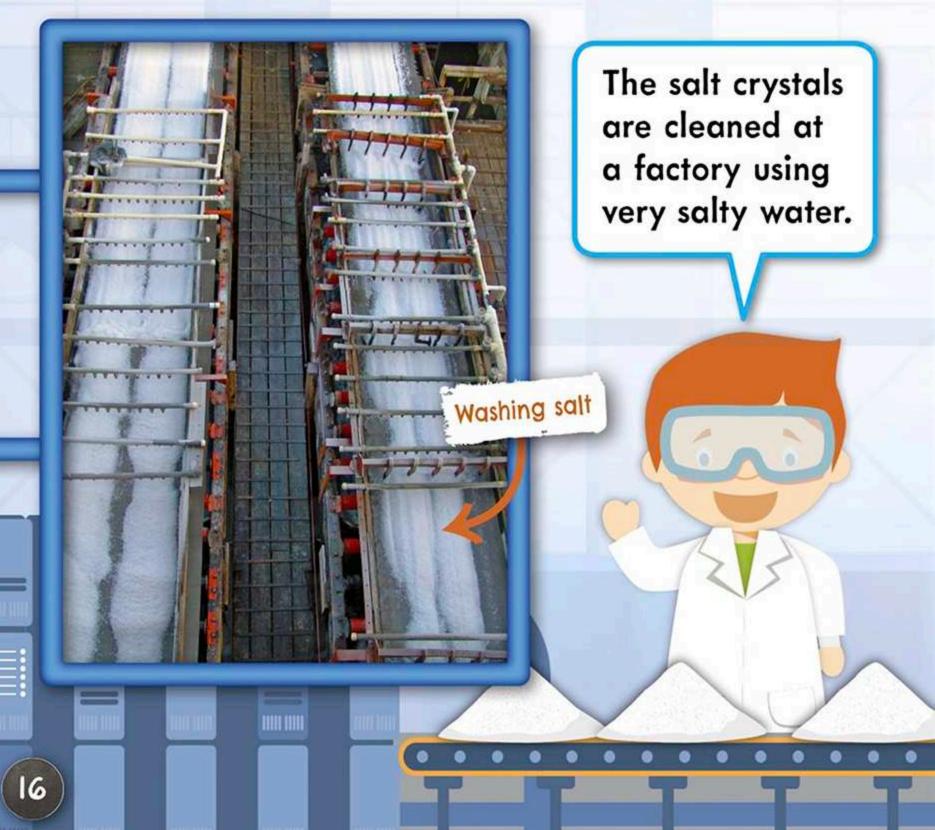
SALT CRYSTALS

When all the salt is piled up, workers scoop it up and carry it away. It is then stored or taken to a factory.

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Sometimes, machines are used to scoop up the salt.

### TO THE FACTORY



The salt crystals are then ground down to become smaller. This type of salt becomes table salt.

> Salt that hasn't been ground small has more minerals in it.

> > 17

#### MORE SALT

Table salt is just one type of salt. Sometimes salt crystals are not ground small. This salt is called rock salt or kosher salt.

Table salt

Kosher salt

Himalayan salt is found in mines in Pakistan. It is a type of pink rock salt. It is used in cooking, but it can also be used to make lamps!

Himalayan salt lamp

HIMALAYAN SALT

### A WORLD OF SALT

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Salt is very important to people. Before we had refrigerators, salt was used to kill germs on meat and fish to make the food last longer.

Rock salt is placed on roads during winter to make them less icy and slippery.

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THE DOUGH KNOT

#### PRETZEL TIME!

I hope you enjoyed our search for salt! We made it back with enough salt for lots of pretzels. Which pretzel would you like?

THE DOUGH KNOT

\* MENU \*

Salty pretzel

Cheesy pretzel

Pizza pretzel

We need salt to help our muscles work the way they should. However, too much salt is bad for our bodies, so we need to make sure we eat the right amount.

> Children need less than a teaspoon of salt each day. Only enjoy pretzels and other salty snacks as a special treat!

#### GLOSSARY

- evaporation the process when a liquid such as water changes into a gas
- **gas** a thing that is like air, which spreads out to fill any space available
- **minerals** substances found in nature that are not plants or animals

- mines deep holes or tunnels where substances such as salts or other minerals are found
- pretzels snacks made from a type of hard, chewy bread, often shaped in a knot
- **vapor** something in the form of gas



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DRIVE THRU

# THE SEARCH FOR

A salty pretzel can be a yummy snack. But where does salt come from? Hop in the Dough Knot to find out! You'll head off on an adventure to learn what happens to salt before it ends up on your pretzel.

#### Read all the books in this series:

